



Stacey Hauck, MS, NCC, LPC-MH, QMHP | Certified Neurotherapist

Stacey Hauck is a compassionate, collaborative, and dedicated counselor offering a holistic approach to mental health and wellness by utilizing Neurofeedback therapy and traditional person-centered Psychotherapy. With a deep understanding of the mind-body connection, she works with individuals to help them heal, grow, and achieve their fullest potential. Neurofeedback, a process that trains the brain to function more efficiently, is one of the cornerstones of her practice. Stacey works with clients to optimize brain function, helping them to break free from cycles of mental distress and create lasting positive change by improving mental clarity, emotional stability, and overall well-being. This approach allows clients to address the root causes of their struggles while developing healthier coping mechanisms.

Throughout her career, Stacey has worked with a diverse range of clients, from children to adults, helping individuals with various mental health challenges, including Anxiety, Depression, ADHD, Addiction, Autism, Traumatic Brain Injury, Post-Concussive Syndrome, Chronic illness, Chronic pain, Cognitive Performance, Bipolar Disorder, Behavioral Issues, Enuresis, Impulse Control Disorders, Life Transitions, PTSD, Sports Performance, Grief and Loss, Sleep Issues, Tinnitus, and stress management. She brings a unique blend of techniques to her practice, offering clients a tailored, evidence-based approach to healing.

At the heart of Stacey's work is a commitment to providing a safe, supportive, and empathetic environment for her clients. Her person-centered approach is grounded in the belief that each individual has the capacity for self-healing and growth. By creating a non-judgmental, accepting space, she empowers clients to explore their emotions and experiences at their own pace, fostering trust and healing.

Education:

- Master of Science in Counseling and Human Resource Development (South Dakota State University)

Professional Affiliations/Professional Licensures:

- Licensed Professional Counselor of Mental Health (LPC-MH2186)
- National Certified Counselor (NCC)
- Qualified Mental Health Professional (QMHP)
- BrainPaint® Trained and Certified Neurotherapist

Professional Memberships:

- American Counseling Association (ACA)
- Eye Movement Desensitization & Reprocessing International Association (EMDRIA)