

Brenda Hansen-Mayer, MS, LPC-MH, QMHP | Certified Neurotherapist

Brenda Hansen-Mayer is a Licensed Professional Mental Health Counselor in South Dakota with extensive experience in the field of psychotherapy and counseling since 2003. Her professional journey includes comprehensive education and specialized training in various therapeutic approaches.

In 1999 she graduated with honors from the College of Education and Human Science at South Dakota State University with a Bachelor of Science Degree in Health and Nutritional Science. In 2003 Brenda completed her graduate internship with the Center for Women at the University of Sioux Falls and was hired by USF to continue her role and help develop a counseling program for the university. She graduated with top honors (Phi Kappa Phi) with a Master of Science Degree in Counseling and Human Resource Development with a specialization in Agency Counseling.

Throughout her career, Brenda has earned multiple prestigious certifications. In 2009 she earned the highest level of licensure for professional counseling as a Licensed Professional Counselor-Mental Health (LPC-MH) and was certified as a Qualified Mental Health Professional (QMHP). She also achieved certification as a Certified Chemical Dependency Counselor-Level III (CCDC-III) and an Internationally Certified Alcohol and Drug Counselor (ICADC). In 2010 she started her independent counseling practice.

From 2011 to 2017, Brenda pursued training in Eye Movement Desensitization & Reprocessing (EMDR), completing certification as an EMDR Therapist. In 2013 she earned her Licensed Addiction Counselor (LAC) certification from the South Dakota Board of Addictions and Prevention Professionals.

In 2023 Brenda completed training with BrainPaint®, the #1 provider of Neurofeedback systems for Mental Health and Addiction Specialists, and began providing Neurotherapy services for adults and children. In 2024 she was certified as a BrainPaint® Neurotherapist and is an Affiliate of BrainPaint®.

Neurofeedback is known for helping with a variety of symptoms and conditions that originate in the central nervous system, including difficulty sleeping, fatigue, headaches/migraines, chronic pain, ADHD, PTSD, depression, anxiety disorders, addictions, OCD, traumatic brain injuries, and cognitive processing disorders. Brenda has completed specialized training on these conditions through the National Institute for the Clinical Application of Behavioral Medicine and at Harvard Medical School.

Education:

- Master of Science in Counseling and Human Resource Development (South Dakota State University)
- Bachelor of Science in Health and Nutritional Science (South Dakota State University)

Licensures/Certifications:

- Licensed Addiction Counselor (LAC)
- Licensed Professional Counselor-Mental Health (LPC-MH)
- Qualified Mental Health Professional (QMHP)
- Certified Therapist in EMDR
- BrainPaint® Certified Neurotherapist